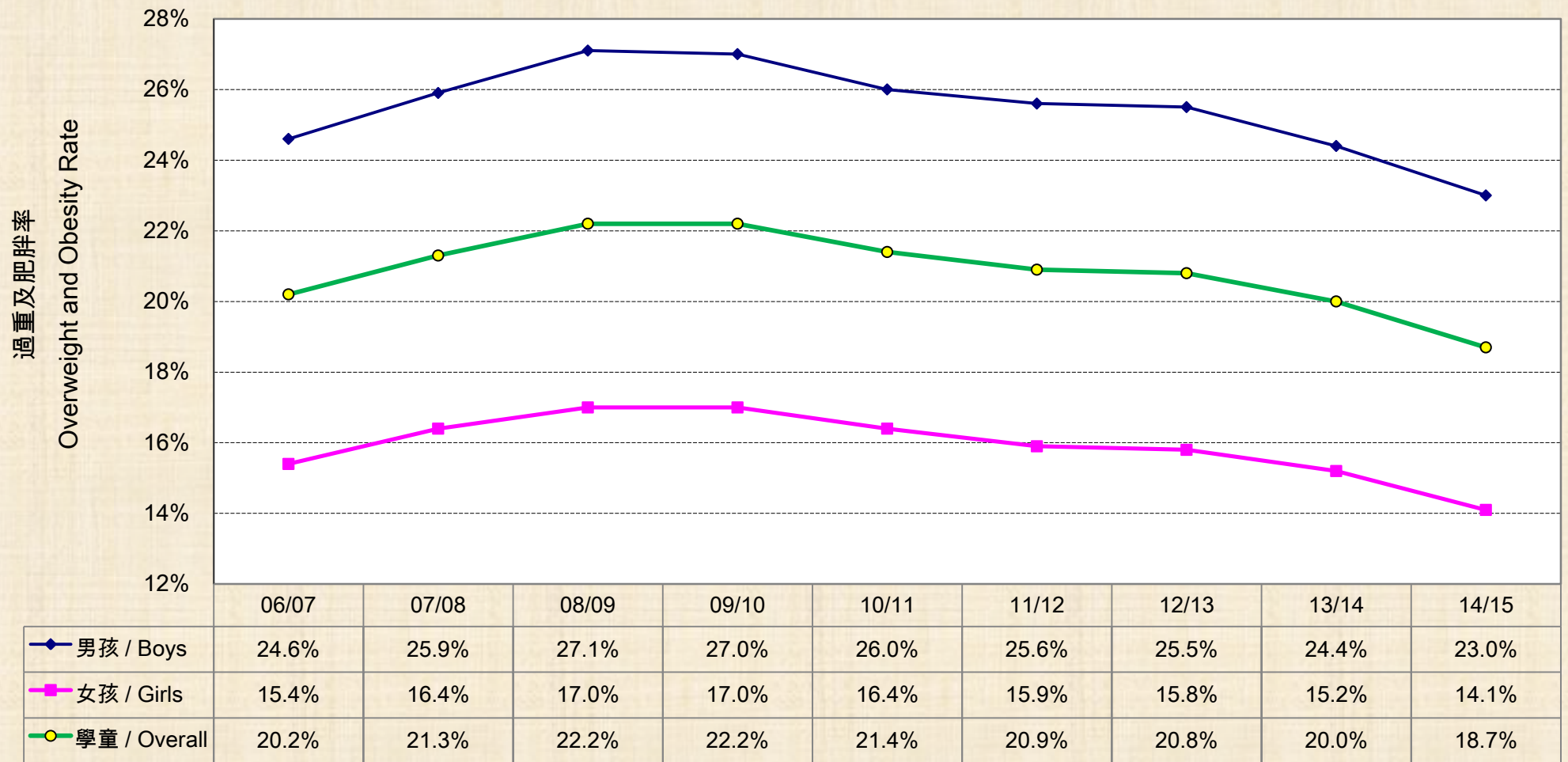


# 香港小學學童過重及肥胖率 # \*

## Overweight and Obesity Rate of Hong Kong Primary Students



\* 依據小學生接受衛生署學生健康服務中心服務後所得的身體測量數據。

\* Based on anthropometric measurement of primary students attending the Student Health Service Centres of the Department of Health

# 超重（包括肥胖）指體重超過「身高別體重圖表」中位數的120%，適用於身高55厘米至175厘米的男童，以及身高55厘米至165厘米的女童；若身高超過175厘米的男童或身高超過165厘米的女童，體重指數（BMI）達25或以上。

# Overweight (including obese) is defined as weight > 120% of the median weight for height for male students with height between 55 and 175 cm and for female students with height between 55 and 165 cm; and BMI ≥ 25 for male students with height > 175 cm and for female students with height > 165 cm.