

Nutritional Cooking Training Workshop for Chefs 2015

Forty-seven participants from 14 school lunch suppliers and school canteens attended the 'Nutritional Cooking Training Workshop for Chefs' on 10 April and 7 August 2015.

Participated School Lunch Suppliers and School Canteens (in alphabetical order):

- ✧ Asia Pacific Catering Corporation Limited - Luncheon Star
- ✧ Caritas Ma On Shan Secondary School (with boarding section)
- ✧ Compass Group HK Limited
- ✧ Danny Catering Service Limited
- ✧ Deli Fresh Limited
- ✧ Deli Fresh Limited (Sunshine Kiosk)
- ✧ Delicious Chef King Catering Limited
- ✧ Fresh Smart Catering
- ✧ Good Hope Primary School cum Kindergarten
- ✧ Green Box Lunch Box
- ✧ Hearty Meal (A member of Maxim's Caterers Ltd)
- ✧ LSG Catering China Limited
- ✧ Murray Food & Beverage Limited
- ✧ Sailing Boat Catering Management Limited



Participants paid their full attention to the lecture by DH's dietitians



Dietitians discussed and shared the practical ways of reducing sodium in lunch boxes with the participants.



Group Activity: participants were divided into small groups to develop healthy and nutritious recipes.