

Nutrition Training Workshop for 'EatSmart@school.hk' Campaign 2015-16

Course Description

Title of Course / Activity: Nutrition Training Workshop for 'EatSmart@school.hk' Campaign

Participant Group: School heads, Primary School Masters / Mistresses (Curriculum Development) [PSM(CD)], panel heads and teachers of primary schools

Objectives: The workshop aims to enhance the capacity of school heads, PSM(CD), panel heads and teachers of primary schools to create and promote healthy eating environment and cultures and to nurture healthy eating habits among students.

Programme Description: This is a 3-hour workshop covering contents of:

1. Childhood nutrition and eating problems
2. Results of "The Nutrient Testing of School Lunch in Primary Schools in HK 2013"
3. Roles of teachers, parents and food suppliers
4. Choosing healthy lunch and snack for school children
5. How to improve and maintain the nutrition quality of school lunch
6. How to select school lunch suppliers
7. How to improve school eating environment with the aids developed by the Department of Health
8. Introduction of 'EatSmart School Accreditation Scheme'

Date	Venue
20 Oct 2015 (Tuesday) 2 p.m. – 5 p.m.	Rm EP12, Podium, East Block, Education Bureau Kowloon Tong Education Services Centre, EDB, 19 Suffolk Road, Kowloon Tong, Kowloon
3 Nov 2015 (Tuesday) 2 p.m. – 5 p.m.	Rm W422-423, 4/F, West Block, Education Bureau Kowloon Tong Education Services Centre, EDB, 19 Suffolk Road, Kowloon Tong, Kowloon

Number of Nominees from Each School/Unit: No limit

Max. No. of Participants for Each Session: 85-100

Medium of Instruction: Cantonese

Enquiry: Ms. Janice PANG
Tel: 3540-7436
Email: pmlwll1@edb.gov.hk

Remarks:

1. Prior application is required and walk-ins will NOT be entertained.
2. Applicants will be notified the application status 7 days before its commencement.

3. The workshop will be cancelled if Typhoon Signal No. 8 or above / Black Rainstorm Warning Signal is in force at or after 11:30 a.m. on the day of event. Participants will be notified for further arrangement in due course if the workshop is cancelled.
4. No car parks will be provided at venue.

Related Website:

‘EatSmart@School.hk’ Campaign thematic website
(Events & Trainings > Training for School Staff)
<http://school.eatsmart.gov.hk>