

## Nutrition Training Workshop for ‘EatSmart@school.hk’ Campaign 2017-18

### Course Description

**Title of Course / Activity:** Nutrition Training Workshop for ‘EatSmart@school.hk’ Campaign

**Participant Group:** School heads, Primary School Masters / Mistresses (Curriculum Development) [PSM(CD)], panel heads and teachers of primary schools

**Objectives:** The workshop aims to enhance the capacity of school heads, PSM(CD), panel heads and teachers of primary schools to create and promote healthy eating environment and cultures and to nurture healthy eating habits among students.

**Programme Description:** This is a 3-hour workshop covering contents of:

1. Childhood nutrition and eating problems
2. Results of “The Nutrient Testing of School Lunch in Primary Schools in HK 2013”
3. Introduction of “Salt Reduction Scheme for School Lunches” in the 2017/18 school year
4. Roles of teachers, parents and food suppliers
5. Choosing healthy lunch and snacks for school children
6. How to improve and maintain the nutrition quality of school lunch
7. How to select school lunch suppliers
8. How to improve school eating environment with the aids developed by the Department of Health
9. Introduction of “EatSmart School Accreditation Scheme”

Date	Venue
19 Oct 2017 (Thursday) 2 p.m. – 5 p.m.	RmW422-423, 4/F, West Block, Education Bureau Kowloon Tong Education Services Centre, EDB, 19 Suffolk Road, Kowloon Tong, Kowloon
17 Nov 2017 (Friday) 2 p.m. – 5 p.m.	RmW422-423, 4/F, West Block, Education Bureau Kowloon Tong Education Services Centre, EDB, 19 Suffolk Road, Kowloon Tong, Kowloon

**Number of Nominees from Each School/Unit:** No limit

**Max. No. of Participants for Each Session:** Approx. 85

**Medium of Instruction:** Cantonese

**Enquiry:** Ms. Eva LAI  
Tel: 3540-6905  
Email: [cdolwll11@edb.gov.hk](mailto:cdolwll11@edb.gov.hk)

**Remarks:** 1. Prior application is required and walk-ins will NOT be entertained.

2. Applicants will be notified of the application status 5 days before the commencement of the course.

3. The workshop will be cancelled if Typhoon Signal No. 8 or above / Black Rainstorm Warning Signal is in force at or after 11:30 a.m. on the day of event. Participants will be notified of further arrangement in due course if the workshop is cancelled.

4. No car parks will be provided at venue.

**Related Website:**

‘EatSmart@School.hk’ Campaign thematic website  
(Events & Trainings > Training for School Staff)

<http://school.eatsmart.gov.hk>