

ESS Website Upload (Post-workshop)

Nutritional Cooking Training Workshop for Chefs 2011

Twenty-nine participants from 14 school lunch suppliers and school canteens attended the 'Nutritional Cooking Training Workshop for Chefs' on 5 August 2011.

Participated School Lunch Suppliers and School Canteens (in alphabetical order):

- ✧ Asia Pacific Catering Corporation Limited - Luncheon Star
- ✧ Baptist Rainbow Primary School
- ✧ Carson Food Court Ltd.
- ✧ Danny Catering Service Ltd
- ✧ Deli Fresh Limited
- ✧ Delicious Chef King Catering Limited
- ✧ Fresh Smart Catering
- ✧ Green Apple Catering Limited
- ✧ LSG Catering China Limited
- ✧ Murray Catering Company Limited
- ✧ Ng Wah Catholic Primary School
- ✧ PLK Yu Lee Mo Fan Memorial School
- ✧ Sailing Boat Catering Management Limited
- ✧ United (Airport) Restaurant Limited



Participants paid their full attention to the lecture by DH's dietitians



Dietitians explained the nutritional requirement of school children aged 6-12.



Small Group Activity



Group Activity: participants were divided into small groups to develop healthy and nutritious recipes.



Representatives from each group shared their recipes and the use of 'Healthy Lunch Box Checklist'.



Presentation of certificates