



至營學校認證計劃

EatSmartSchool Accreditation Scheme

Introduction

The Department of Health (DH), together with the Education Bureau, launched the EatSmart School Accreditation Scheme (ESAS) under the "EatSmart@school.hk" Campaign (ESS Campaign). The aim is to motivate and help all primary schools in Hong Kong formulate and implement a healthy eating school policy, build up a learning environment conducive to healthy eating, and cultivate and strengthen a good eating habit among schoolchildren. The ESAS encourages family, school and the community to work together in formulating specific objectives in stages, so that the school will ultimately become an ideal EatSmart School.



Target

All primary schools and special schools in Hong Kong

Complementary services and support provided by the ESAS

DH staff will provide one-on-one assistance, regular follow-ups and support to participating schools until they successfully obtain the accreditation.

Information on Healthy Eating

Provide the participating schools with the latest health education information and activity information via email on a regular basis.

Free In-school Promotion Materials

Provide various health education materials and activity materials such as leaflets, posters and souvenirs free of charge to facilitate the participating schools in organising activities.



Place Mats



Memo Pad Sets



Posters

Workshops

DH staff can organise different types of workshops, such as the "Lunch Monitoring Workshops" and the "Snack Monitoring Workshops", on campus.



Lunch Monitoring Workshops



Nutrition Training Workshop for "EatSmart@school.hk" Campaign

Professional Consultation Service

The DH will assign professionals to assist and follow up with the participating schools, facilitating them in setting clear, stage-by-stage objectives and making good use of the various guidelines, templates and resources available on the ESAS's webpage until the accreditation process is completed.

Accreditation Process

We cordially invite the school to build a learning environment conducive to healthy eating through implementing a healthy eating school policy, providing healthy lunches and snacks, as well as carrying out education and promotion, thereby cultivating good eating habits in students and reinforce them, and ultimately achieving the ideal mode of EatSmart School.

**齊來參與
「至『登』學校認證計劃」!**
*Let's Participate in the
EatSmart School Accreditation Scheme!*



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Basic Level Accreditation

Implemented various school healthy eating measures to a certain extent

- ✓ Formulated a healthy eating policy and measures
- ✓ Provided lunches that fulfilled the basic nutritional requirements
- ✓ Provided snacks that fulfilled the basic nutritional requirements
- ✓ Carried out in-school education and promotion

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"EatSmart School"

Implemented various school healthy eating measures to a comprehensive extent

(Basic Level Accreditation + Advanced Level Accreditation)

Advanced Level Accreditation

- ✓ Provided lunches that fulfilled the Advanced Level Accreditation requirements
- ✓ Provided snacks that fulfilled the Advanced Level Accreditation requirements

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Become an Enrolled School

Fill out the application form



Valid period of accreditation: Three years

To Join the ESAS

Please submit the completed application form to the ESS Campaign Secretariat by email (eatsmart_school@dh.gov.hk) or fax (2781 2599). We will contact the school directly and follow up with the application.

For More Details

Please visit the ESS Campaign website (<https://school.eatsmart.gov.hk/>) or call 3151 7615 for enquiries.



EatSmart School
Accreditation Scheme
Application Form



EatSmart School
Accreditation Scheme



"EatSmart@school.hk"
Campaign



EatSmart@school.hk



衛生防護中心
Centre for Health Protection



衛生署
Department of Health