

食譜

Recipes



Kitty Cat Rice Cracker

Ingredients:

Rice cracker (round shape)	1 piece
Strawberry	1 piece
Banana	½ piece
Dried blueberry	A few pieces
Raisin	A few pieces
White bread	1 slice

(Serves about 1 person)



Seasoning:

Peanut butter	1 tablespoon
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Method:

1. Wash and slice the strawberry.
2. Peel and slice the banana. Cut a small triangle out of one of the banana slices.
3. Cut the white bread into thin shreds.
4. Spread some peanut butter on the rice cracker.
5. On the rice cracker, put the strawberry slices on as ears, dried blueberries as eyes, raisin as nose, banana slices as cheeks, banana triangle as mouth and bread shreds as whiskers.



Nutrition Tips

1. Vegetables and fruit, such as carrot, banana, green grape and raisin, provide a lot of dietary fibre and vitamins that are beneficial to health.
2. Add a few drops of lemon juice in the bananas to prevent it from browning.
3. Choose non-fried rice crackers.