

# Fruit Family

## “More Than Fruit” Cooking



One day, Brother Lemon was pacing across the living room, sulking.

1

You look worried; why?



2

One of my classmates has been eating dessert and fried chicken as snacks every day after school. Everyone worries about his health.

Why don't you encourage him to eat fruit at tea time? Fruit is healthy. It keeps our bowels clear. It keeps the doctor away!



3

With its variety in colour and scent, fruit can be made into nice dishes. It's even better to be shared with family and friends.



4

Fruit is good fun and brings us a lot of health benefits. That's why fruit is 'more than just fruit!'

