

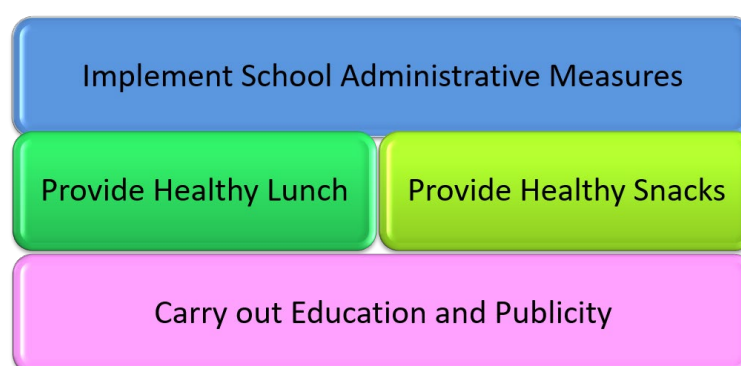


EatSmart@school.hk Campaign
EatSmart School Accreditation Scheme

Scheme Overview

Objectives: Through the EatSmart School Accreditation Scheme (ESAS), the Department of Health (DH) motivates and assists all primary and special schools in Hong Kong to formulate and implement healthy eating school policy, build up a favourable environment for promoting healthy eating, and cultivate and strengthen a good eating habit among students. With the support of the Education Bureau, the scheme encourages family, school and the community to work together in formulating specific objectives in stages so that the school will ultimately become an ideal EatSmart School (as shown in diagram below).

To Become an Ideal EatSmart School by Formulating and Implementing the Healthy Eating Policy



Vision: An ideal EatSmart School should continuously implement administrative measures, provide healthy lunch and snacks, carry out education and publicity, and shoulder the responsibility of advocating a healthy eating environment in the school sector.

Accreditation body : Department of Health

Co-organiser: Education Bureau

Target: All primary and special schools in Hong Kong

Mode of accreditation: Participating schools are required to provide updated documents to DH and accept visit(s) by DH officers.

Validity of accreditation: Three years

Provision of continuous supports by the scheme:

Professional Consultation Services	Designated DH Officer shall work closely and follow-up with the participating schools in setting objectives and feasible steps towards a EatSmart School by application of various guidelines, templates and resources.
Talk / Workshop in School	Participating schools can liaise with professionals from DH for arrangement of talks and workshops, such as parent’s nutritional talk, workshop of lunch and/or snack nutrition monitoring.
Healthy Eating Information	Participating schools are entitled to receive the latest health information and activity promotion of DH via emails.
Provision of Resource Materials	DH provides free health educational materials such as leaflets and souvenirs to facilitate participating schools in organising activities.

Accreditation Objectives:

Stage I Accreditation

Accreditation Aspect	Objectives
School Administrative Measures	<ul style="list-style-type: none"> To solicit support of school administration and parents to healthy eating policy and measures
Lunch sets complying with the basic nutritional requirement	<ul style="list-style-type: none"> To ensure all served lunches meet the basic nutrition recommendation, i.e. provide at least one serving of vegetables, no “Strongly Discouraged Food Items” and desserts are provided
Snacks complying with the basic nutritional requirement	<ul style="list-style-type: none"> To ensure all served snacks meet the basic nutrition recommendation, do not contain any snacks belong to the “Snack to Choose Less” category
Education and Publicity	<ul style="list-style-type: none"> To raise understanding and awareness of healthy eating among parents and school staff

Stage II Accreditation

Accreditation Aspect	Objectives
School Administrative Measures	<ul style="list-style-type: none">To solicit support of school administration and parents to healthy eating policy and measures
Advanced Level Accreditation (Lunch)*	<ul style="list-style-type: none">To ensure all served lunches fully comply with nutrition recommendations of the Nutritional Guidelines on Lunch for Students published by the DH
Advanced Level Accreditation (Snacks)*	<ul style="list-style-type: none">To ensure all served snacks fully comply with the nutrition recommendations of the Nutritional Guidelines on Snack for Students published by the DH
Education and Publicity	<ul style="list-style-type: none">To raise understanding and awareness of healthy eating among parents and school staff

* The two advanced level accreditations can be processed independently according to school's circumstance.

Application

Interested schools should return a completed application form to the "EatSmart@school.hk" Campaign Secretariat by email or fax.

E-mail: eatsmart_school@dh.gov.hk

Fax no.: 2781 2599

For enquiries, please contact the "EatSmart@school.hk" Campaign Secretariat by phone (Tel: 3151 7615) or email.

To learn more about the EatSmart School Accreditation Scheme (ESAS), please visit the "EatSmart@school.hk" Campaign thematic website at <https://school.eatsmart.gov.hk>.

Commendation Mechanism

To acknowledge the efforts made by participating schools which demonstrated all-round commitment in promotion of healthy eating, a status of “**EatSmart School**” would be commended when they have obtained the Basic Level Accreditation, Advanced Level Accreditation (Lunch) and Advanced Level Accreditation (Snacks).

