

每天進食水果後，以「水果貼紙」貼於水果日記卡上。
如孩子在過去一星期每天皆有進食水果，則可獲得額外「獎勵貼紙」。

Put a "Fruit Sticker" on the appropriate space on the "Fruit Diary Card" after eating fruit everyday. If the child eat fruit for seven days consecutively in a week, he/she could be offered an extra "Reward Sticker".

