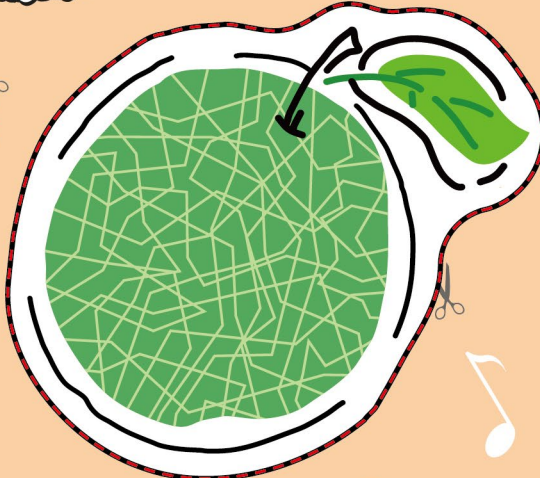


水果益處多
日日要Encore
 Eat Fruits Every Day, Enjoy Benefits All the Way

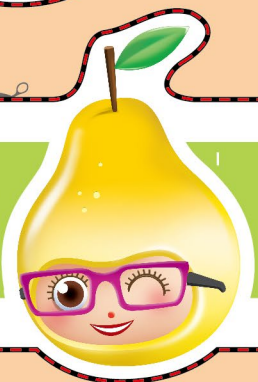
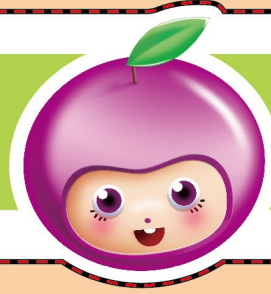
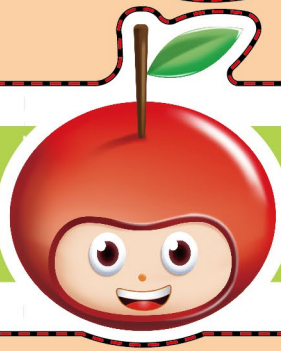
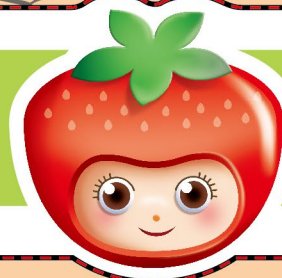
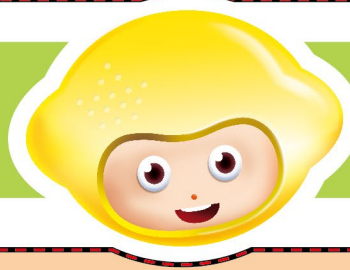
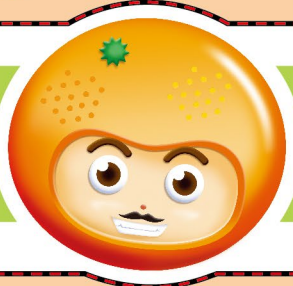
齊來製作水果帽子!
 Let's make a fruit hat!

選擇你喜愛的生果，沿黑線剪下。再按你的頭圍，用膠水或膠紙將兩條頭帶貼成圓環，並將生果貼在頭帶上。

Pick your favourite fruits and cut them along the lines. Use a glue or adhesive tape to stick the headband together according to your head size. Stick the fruits onto the headband.



完成作品圖示
 Picture of the finished work



多吃不同種類的水果，飲食更均衡！ Eat different kinds of fruits for a balanced diet!

