



每天進食水果後，可把「水果貼紙」貼於水果日記卡適當的空格上。
如孩子在過去一星期每天皆有進食水果，則可額外獲得「獎勵貼紙」。

Put a "Fruit Sticker" in the appropriate space of the "Fruit Diary Card" after consuming fruit every day.
An extra "Reward Sticker" would be given if the child consume fruit every day in a week.

