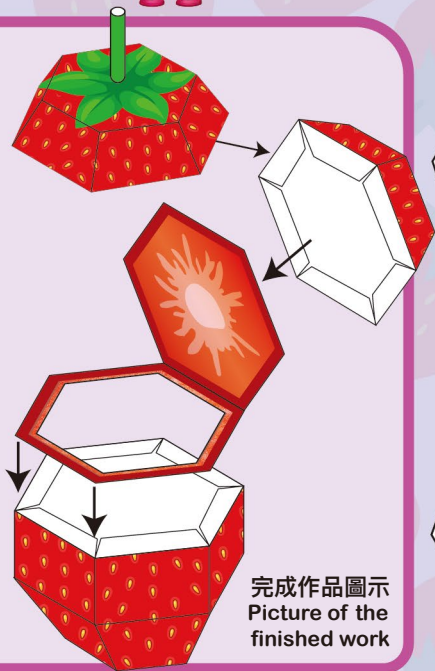




# 齊來製作有趣的水果盒吧！ Let's make a funny fruit box!

士多啤梨妹妹喜歡吃水果及做手工。  
大家也不妨製作一個士多啤梨盒，  
送給你的好朋友！

Sister Strawberry likes eating fruit  
and making handicrafts.  
Let's make a strawberry  
fruit box for your  
friend!



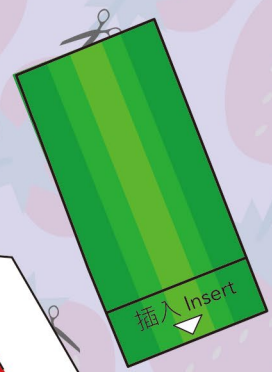
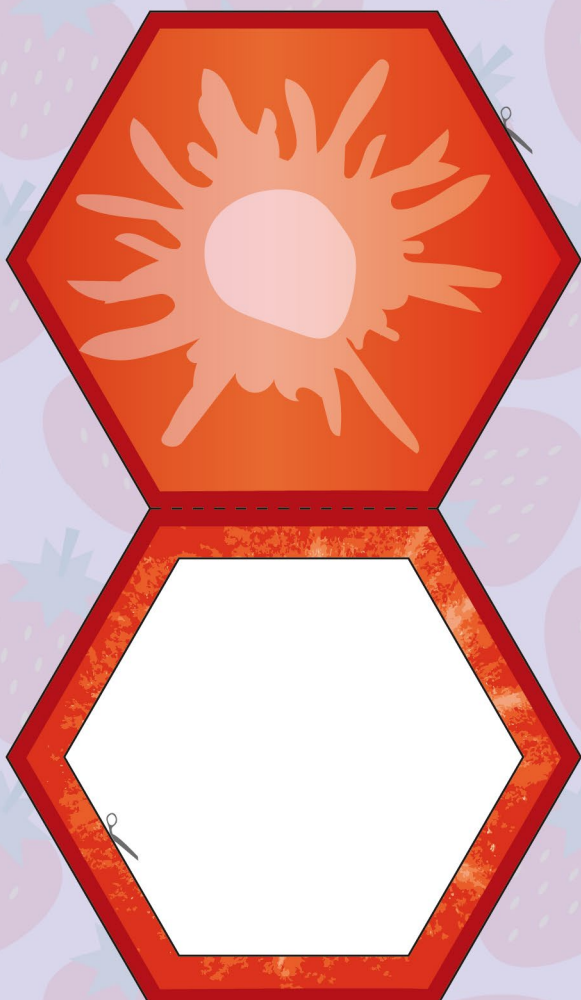
完成作品圖示  
Picture of the  
finished work



Consume adequate amount  
of fruit is good for health.  
Let's eat at least 2 servings  
of fruit every day!  
1 serving of fruit = 1/2 bowl of strawberries  
Remarks: One bowl = 200-300g!

水果常識挑戰站  
Fun Fruit Quiz

進食足夠的水果  
有益健康。我們每天理  
應吃最少2份水果！  
1份水果約等於1/2碗士多啤梨  
註：一碗=200-300克



衛生署  
Department of Health