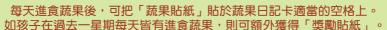




## Exuit and Vegetable Diany







Put a "Fruit and Vegetable Sticker" in the appropriate space of the "Fruit and Vegetable Diary Card" after consuming fruit and vegetables every day. An extra "Reward Sticker" would be given if the child consume fruit and vegetables every day in a week.

