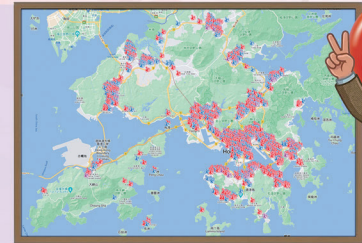


# Joyful Fruit & Veg Month 2026 School Newsletter



## The Latest Enrolment Situation

As we enter April, over 1,700 schools have already enrolled in the “Joyful Fruit & Veg Month”, with the number of student beneficiaries exceeding 600,000! Schools that are interested but have yet to enrol or request materials for organising activities are encouraged to submit the [enrolment form/reply slip](#) to the “Joyful Fruit & Veg Month” Secretariat on or before 30 April 2026, so as to promote the message that “eating fruit and vegetables every day is good for our health” with us hand in hand! For the information of the participating schools, please visit the “[List of Participating Schools & School Map](#)” on the “Joyful Fruit & Veg Month” website.



## Launching Ceremony and Award Presentation Ceremony for “Joyful Fruit & Veg Month”

In the light of the event being officially upgraded to the “Joyful Fruit & Veg Month” this school year, and in recognition of the unwavering support from all schools since its launch, we organised the [Launching Ceremony and Award Presentation Ceremony for “Joyful Fruit & Veg Month”](#). The ceremony was successfully held on the afternoon of 24 March 2026, and we would like to sincerely thank the school representatives, parents and children who attended! The programme of that day was packed with exciting content, which included dance and drama performances, a sharing session by our dietician and an award presentation. Once again, we would like to extend our gratitude to all schools for their support, as we continue to work together on helping students develop healthy eating habits.



## Submission of Statistical Results and Activity Photos

To encourage schools to actively participate in the “Joyful Fruit & Veg Month” and extend our gratitude, those that submit the reply slip regarding the statistical results of the “Fruit & Vegetable Diary Card Award Scheme” (for kindergartens and child care centres) or the “Billboard Competition” (for primary and special schools), or the activity photos to us by [email](#) on or before 29 May 2026 will be awarded souvenirs!

We hereby encourage all schools to actively submit their statistical results and activity photos. If the statistical results are favourable (i.e. with 75% or more students forming a habit of eating Fruit & Vegetable every day in the “Fruit & Vegetable Diary Card Award Scheme”, or with 50% or more students forming a habit of eating Fruit & Vegetable every day in the “Billboard Competition”), we will publicly commend the schools concerned on the “Joyful Fruit & Veg Month” website, and upload the school’s photos to the “[School Activity Photo Album](#)”, sharing the joy brought by fruit and vegetables with the education sector.



# E-resources of the “Joyful Fruit & Veg Month”

To facilitate teachers and students in enjoying an interesting and educational learning experience, the e-resources of the “Joyful Fruit & Veg Month” this year have now been updated, with different types of educational materials available for teachers and students to download free of charge:

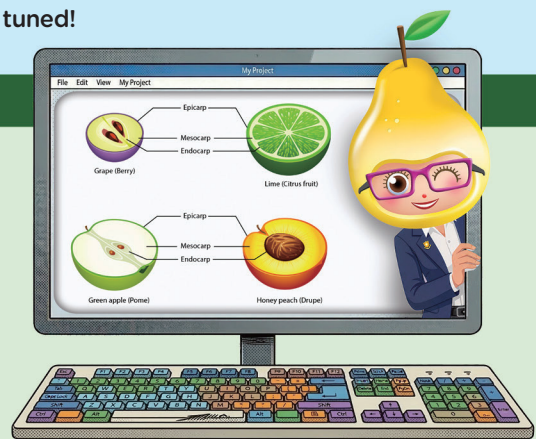


## Nutritional Facts of Vegetables

This year, we have newly launched a series of “Nutritional Facts of Vegetables”, which covers the common vegetable categories, the recommended vegetable intake, as well as the nutrients, fun facts and common dishes of common vegetables. Teachers may use this educational material to organise vegetable promotion activities, helping students learn more about the physical features and nutritional values of the vegetables, thereby increasing their interest in consuming vegetables. Additionally, we will newly produce a series of short animations on vegetables, introducing various common vegetables in a lively and engaging way. Teachers may play these short animations during class or lunchtime to enhance students’ knowledge of vegetables. The videos will later be uploaded to “Joyful Fruit & Veg Month” website. Stay tuned!

## Nutritional Facts of Fruit

This year, we have updated a series of “Nutritional Facts of Fruit”, with rich content covering the fruit structure diagrams, as well as the nutrients, nutritional values and fun facts of fruits of different categories. Teachers may utilise this educational material in teaching or make reference to it when organising fruit promotion activities. In addition, schools may also encourage parents and students to check out these “Nutritional Facts of Fruit”, thereby enhancing their knowledge in this aspect and heightening their interest in consuming fruit.



## Fun Fruit and Vegetable Quiz

How much do you know about the nutritional values and trivia of fruit and vegetables? The “Fun Fruit and Vegetable Quiz” on the “Joyful Fruit & Veg Month” website allows everyone to showcase their knowledge by answering different types of questions about fruit and vegetables! Teachers may make good use of this resource by organising mini-contests at school or encouraging students to learn through play, allowing everyone to exercise their brains and explore the secrets of fruit and vegetables!

## E-certificates of the “Joyful Fruit & Veg Month”

The newly designed e-certificates web application has now been uploaded to the website for teachers to use! The login password for the application has been sent to the teachers-in-charge by email this month. Teachers only need to enter the password on the login page to prepare certificates of commendation as a token of appreciation for students who have actively participated in the “Joyful Fruit & Veg Month”. Please read the “How to use this program” section before using the application to learn more about the latest procedures for generating or printing the e-certificates.



