開心蔬果月
Joyful Fruit & Veg Month

「認識蔬菜類別」貼紙

"Learning about Vegetable Categories" Stickers

衞生署
Department of Health

請正確分類蔬菜，並把有關貼紙貼在相應類別的容器內。
Please categorise the vegetables, and put the relevant stickers inside the containers of the corresponding categories.

緊記每天最少吃兩份蔬菜，為健康打好基礎！
Remember to eat at least two servings of vegetables every day to lay a strong foundation for your health!

開心蔬果月網站
Joyful Fruit & Veg Month Website

瓜果類
Fruiting Vegetables

葉菜類
Leafy Vegetables

根莖類
Root and Stem Vegetables

菇菌類
Mushrooms

豆類
Beans