

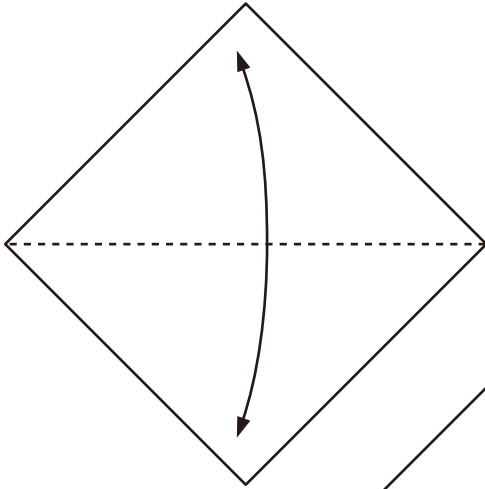
Peach

The peach is rich in water and provides vitamin C and B complex. We recommend children aged 6 to 12 to have at least 2 servings of fruit every day.

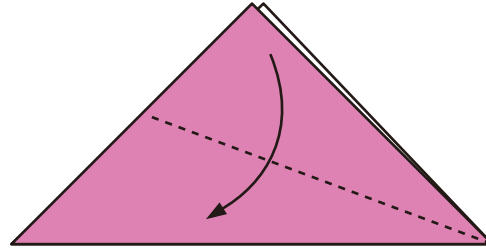
One serving of fruit is approximately one medium-sized peach



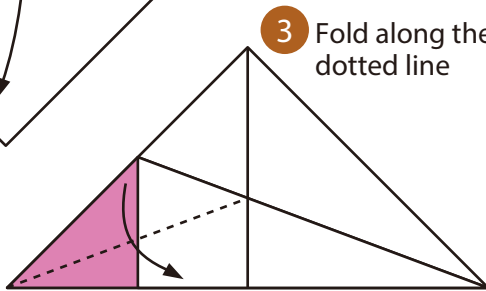
1 Fold in half



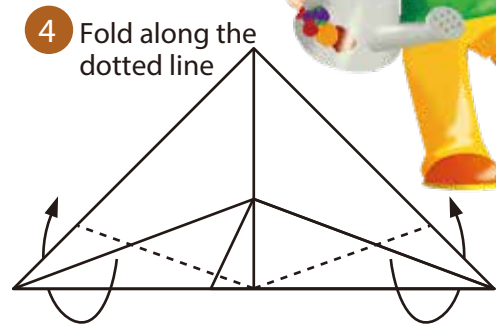
2 Fold along the dotted line




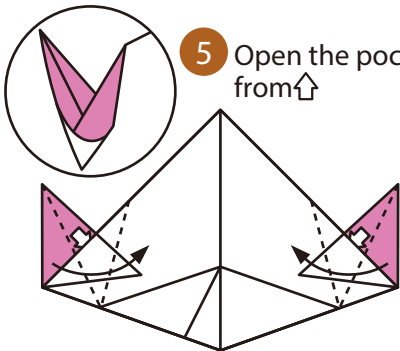
3 Fold along the dotted line



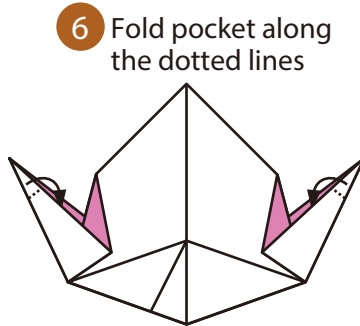
4 Fold along the dotted line



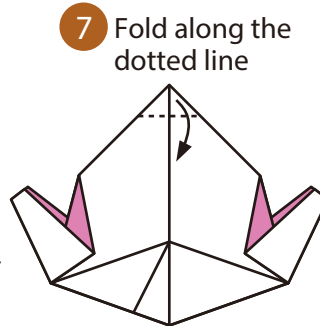
5 Open the pocket from 



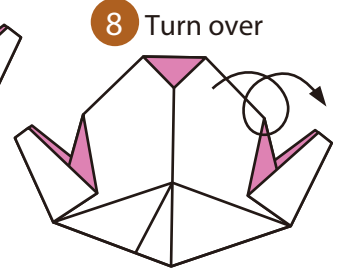
6 Fold pocket along the dotted lines



7 Fold along the dotted line



8 Turn over



9 Finished

